

# The MAMMI Study

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## MAMMI Study and you

Every one of us here in the MAMMI study team hopes that you and your family are all happy, healthy and doing well.

As we look forward to the start of a New Year with hope and possibility, we want to take some time to say *thank you* for your continued participation in, and support of, the MAMMI study.

To date, over 800 women have completed the five-year follow-up survey. This is a fantastic response and we appreciate every woman who has taken time from their busy lives to share their thoughts and experiences with us. This important research on women's health is made possible through your generous contribution.



## MAMMI and Covid-19 response

Since the College's reopening in August, the MAMMI team members have been working hard to address the back-log of surveys that were due to be sent to women.

We are happy to report that we are up to date on survey distribution.

We thank you for your understanding and patience as we navigated returning to work while prioritising the health and safety of our team and our participants.

## Minding Mothers with Morbidities II

We were delighted to welcome over 200 online attendees to our second annual Minding Mothers with Morbidities Conference in October 2020.

This conference brought together researchers, healthcare professionals and women to explore and learn from research on women's postpartum health and health problems, successful prevention, health promotion and treatment strategies.

Two MAMMI study participants joined the conference's workshop which aimed to identify definite actions and ways forward from the findings

We aim to place the recorded sessions on our YouTube channel in the New Year, so if you missed out on the day, keep an eye on our social media for updates on the video release!

## Looking to 2021

After an unexpected and challenging year, we are looking forward to the positive changes that 2021 will bring, and we are excited to share some new projects planned for spring that we hope will be of interest to you!

In the meantime, we hope that you and your family will enjoy a warm, peaceful and safe holiday season and New Year.



## Keep in contact with the MAMMI study!

If you have changed address, help us stay in touch by letting us know at our email address: [mammistudy@tcd.ie](mailto:mammistudy@tcd.ie) or call us on: 087 118 6762. If you are interested in becoming involved with MAMMI research or have any questions, feel free to contact us at either of the above!